

## **BALLET PROGRAM**

| Level                      | Uniform                 | Recommended          | Required Classes                            |
|----------------------------|-------------------------|----------------------|---|
|                            |                         | Age                  |   |
| Tutu Division: Level 1A    | Pink leotard            | 3-4                  | One class per week of:                      |
|                            | with                    |                      | Baby Ballet (creative movement)             |
|                            | Pink tights             |                      | Or  |
|                            | Pink ballet shoes       |                      | Ballet/Tap Combo                            |
|                            | Tan tap shoes           |                      |   |
| Tutu Division: Level 1B    | Pink leotard            | 5-7                  | One class per week of:                      |
|                            | with                    |                      | Pre-Ballet                                  |
|                            | Pink tights             |                      | Or  |
|                            | Pink ballet shoes       |                      | Ballet/Tap Combo                            |
|                            | Tan tap shoes           |                      |   |
| Student Division: Level 2  | Light Blue leotard      | 7 & up               | 2 ballet classes per week                   |
|                            | with                    | (beginner level)     | Or  |
|                            | Pink tights             |                      | 1 ballet classes per week                   |
|                            | Pink ballet shoes       |                      | 1 modern class per week*                    |
| Student Division: Level 3  | Violet leotard          | 8 & up               | 2 ballet classes per week                   |
|                            | with                    | (beg/int level)      | 1 modern class per week* (recommended)      |
|                            | Pink tights             |                      |   |
|                            | Pink ballet shoes       |                      |   |
| Student Division: Level 4  | Black leotard           | 11 & up              | 3 classes per week:                         |
|                            | <b>Burgundy</b> leotard | (intermediate level) | 2 ballet classes per week                   |
|                            | (Thursdays)             |                      | 1 modern class per week*                    |
|                            | with                    |                      | Or  |
|                            | Pink tights             |                      | 3 ballet classes per week                   |
|                            | Pink ballet shoes       |                      | Or  |
|                            |                         |                      | 2 ballet classes per week                   |
|                            |                         |                      | 1 Pre-pointe class per week (if applicable) |
|                            |                         |                      | And   |
|                            |                         |                      | 1 EBAS class per week (recommended)         |
| Student Division: Level 5  | Black leotard           | 13 & up              | 5 classes per week:                         |
|                            | Teal leotard            | (advanced, pointe    | 2 ballet classes per week                   |
|                            | (Thursdays)             | level)               | 2 pointe classes per week**                 |
|                            | with                    | ,                    | 1 modern class per week*                    |
|                            | Pink tights             |                      | And   |
|                            | Pink ballet shoes       |                      | 1 EBAS class per week                       |
| Pre-Professional Division: | Any color leotard       | 13 & up              | Unlimited classes per week: incorporating   |
| Level 6                    | with                    | · · · · r            | ballet, pointe, modern and EBAS             |
|                            | Pink tights             |                      | ,,    |
|                            | Pink ballet shoes       |                      |   |

Refer to the Alius' *Dance Program* for details regarding divisions and class descriptions. EBAS = Elemental Body Alignment System

<sup>\*</sup> Where modern class is indicated, it could be substituted for a jazz or contemporary class instead.

<sup>\*\*</sup> Variations class is considered a pointe class for level 5 and up. Black practice tutu required for this class.